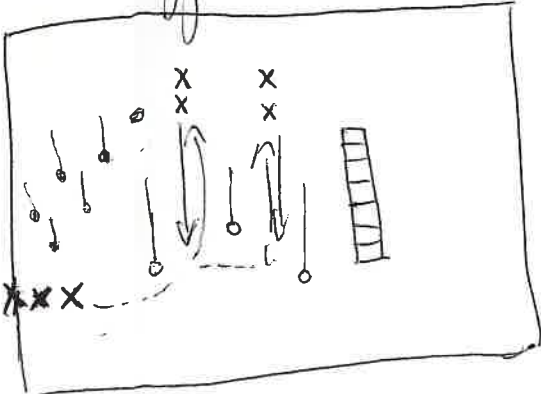


Groupe 1 Remi

Echauffement 15'



(X2)

16 piquets
2 échelles
Coupelles
8 piquets
Roue

Groupe 2 Clem

20' Footing

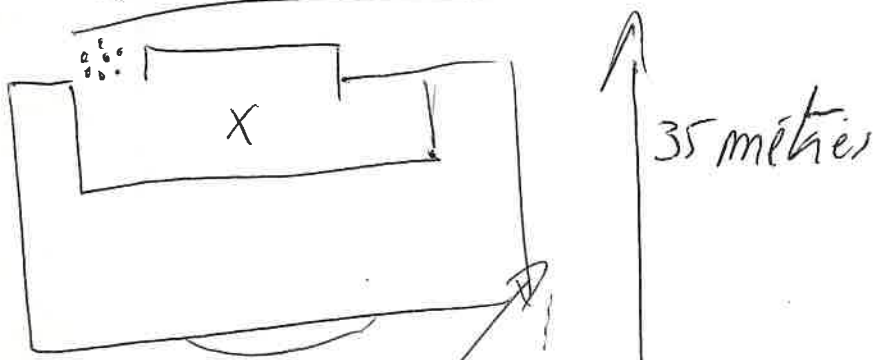
5'35 / 5'50 Km.

Groupe 3 Yohan

Footing 30'

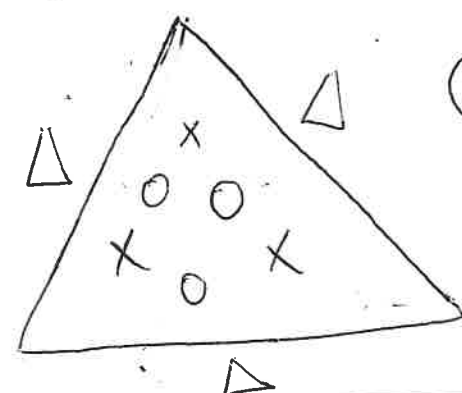
5'45 / 6'00 Km.

20' Situation



Δ Arthur / Ben
Δ Allan / Marcan
Δ Remain / Loic

Conservation (20')



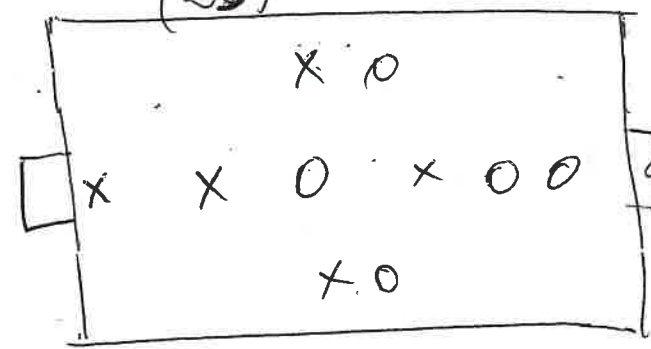
Rondo ~~1~~ vs 3
(3 équipes)
8 passes
Intention de ~~5~~ 3
Reg. avec appui

2 Franchissement 6' (3' recup)

10' / 10'

42m
44m
47m
50m

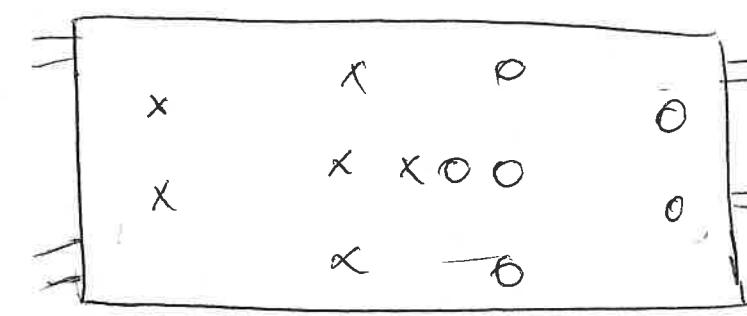
(25')



6 vs 6
Avec 2
GDB

65'

20' Match

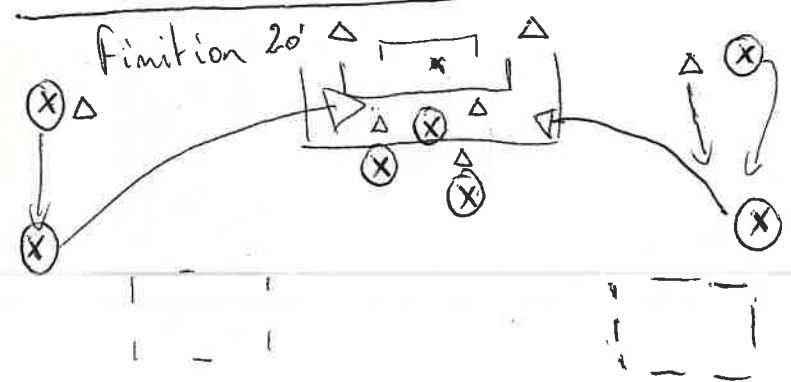


2 Buts
à l'attaque
2 à
Défense

6 vs 6

65'

Finition 20'



Séance Penalty (10')



65'